



Dr. Gabrielle Spiegler-Morin ready to receive young people at the new clinic for eating disorders in adolescents

Donor Thank You Newsletter

## YOUR HOSPITAL. YOUR IMPACT.

### LÉA FOUND HER WAY THANKS TO YOU!

Thanks to your generosity, a clinic dedicated to eating disorders amongst teenagers is now operational and running at Hôpital Charles-Le Moyne.


For months, Léa tried to hide what was going on. When she was 14, she learned to smile even though everything hurt. Meals became a source of anxiety. Outings with friends, an insurmountable effort. Her mother could see in her eyes that something was wrong...

At home, the silences grew longer. "I was telling myself I didn't deserve to eat," she later admitted.

Then one day, Léa and her mother walked through the doors of the Eating Disorders Outpatient Clinic. Week after week, Léa learned to understand her emotions. To get to know her body. To reconcile with herself. For the first time in a long time, she finally felt enough... enough to heal.

Léa also participated in a therapeutic cruise program, a unique alternative approach that helps adolescents rebuild their self-confidence and look forward to the future again.

You brought this specialized clinic to life. A safe, warm space, designed to receive adolescents and their families when they need it most. You're offering them comprehensive, compassionate and coordinated care.

 Eating disorders can be devastating. Early and specialized care changes everything. Thanks to your help, we can now support young people with compassion and expertise, at their own pace.

— Dr. Gabrielle Spiegler-Morin  
Pediatrician specialized in Adolescent Medicine  
at Hôpital Charles-Le Moyne

Many young people, like Léa, participate in the therapeutic cruise. This unique approach that you're offering enables them to regain their self-confidence.



### DID YOU KNOW?

The adolescent clinic is **the first front-line clinic for eating disorders in the Montérégie**. Thanks to you, young people between the ages of 12 and 17 now have rapid access to complete care. Young people receive family follow-up, individual psychotherapy, psychoeducational support at home, and the services of a nutritionist, while parents can benefit from a support group.



The dedicated brachytherapy team providing world-class care.

## INTERNATIONALLY RENOWNED EXPERTISE... THANKS TO YOU

Thanks to your kindness, Hôpital Charles-Le Moyne is now home to one of the most advanced brachytherapy department in Québec. An expertise which is attracting the attention of the medical community worldwide.

More than 40 specialists from Canada and elsewhere recently visited the CICM to observe the team's work, understand its protocols, and discover this cutting-edge technology.

It is your donations that brought the CICM to life in 2011. Since then, your generosity is supporting its development, in particular by funding essential brachytherapy equipment. You're offering patients access to the most advanced treatments—with + precision and + serenity.

Here is further proof that your impact is real. Thank you for transforming healthcare, one action at a time.

## DID YOU KNOW?

Brachytherapy is an internal radiation therapy administered directly to the tumour, with millimetric precision. This method is used to treat various cancers, including prostate and breast cancer as well as ENT-related and gynecological cancers. Thanks to you, since 2024, more than 415 patients have received this highly specialized care right here, close to home.

## GRATITUDE THAT INSPIRES

When he learned he had prostate cancer, François Leclerc felt his world collapse. No symptoms, no warning signs, only an abnormal result from a routine blood test. He was completely devastated.

**"I know exactly what to do to treat you."**

Just those few words from his oncologist were enough for him to regain strength.

During his treatments, François observed each day, in his gown, the windows in the waiting rooms looking out onto empty spaces. "I saw a black hole. A view that felt like death."

So, he decided to take action. To transform this view. To create something that would do some good.

In summer 2024, he transformed two outdoor spaces into bright, peaceful areas, designed for patients and the teams.

**"Patients see COURAGE. Employees see THANK YOU. It was important to me."**

François Leclerc in the outdoor green space redesigned to encourage the teams and support patients.



Now in remission, François returns to maintain his installations. "It's my legacy. A way of offering a little + beauty. And + time."

Like François, many of you have given meaning to your care pathway, transformed a challenge or a key moment into a gesture of solidarity. Thank you for being this force that changes things.

Scan to discover these beautiful spaces, transformed by François!



# PEOPLE OF HEART:

## WHEN YOUR GENEROSITY BECOMES A COMMITMENT

The treatments provided come to life thanks to you! Your generosity allows us to provide + care, + comfort, and + presence to patients, families, and teams.

A legal interpreter at the Longueuil courthouse, Hai Thach will never forget the attack he was the victim of. He decided to become a monthly donor in honour of the medical team that saved his life.

Twenty stab wounds. Teetering between life and death, Hai Thach was rushed to the Emergency at Hôpital Charles-Le Moyne.

“Two physicians and an extraordinary team saved my life. I’ll never be able to say thank you enough.”

“For me, monthly giving is a constant reminder of our appreciation.

— Hai Thach, former Hospital patient

Filled with gratitude for the teams, Hai Thach decided to become a monthly donor.

“To be human is to forget... For me, monthly giving is a constant reminder of our appreciation. As long as I’m alive and can do it, I’ll continue to give.”



Hai Thach, former Hospital patient, monthly donor

There are faces that embody, with strength and humility, what it means to be committed to one’s community.

Marc-André Hinse is a child of the South Shore. Born in Brossard, he grew up here, and had some difficult—but deeply significant—moments at the Hospital. His father, his mother and his spouse have all received care there...

“Unfortunately, there’s been too much time spent at the Hospital... but it’s an intimate part of my life.”

This personal connection shaped his desire to give back to the community. Marc-André decided to get involved as a volunteer on the Board of Directors of Fondation Hôpital Charles-LeMoyne and share his expertise.

Marc-André is presently Senior Director and Team Leader at CIBC, long-term partner of the Foundation. His commitment led his organization to renew their engagement, this time to purchase the Da Vinci surgical robot, an essential technology for specialized cancer care at Hôpital Charles-Le Moyne.

“At some point, it’s about daring to get involved... because we need everyone.

— Marc-André Hinse, Senior Director and Team Leader at CIBC

Behind every commitment is a heart that chooses to give back. Your generosity takes the form of concrete gestures that allow your Hospital to provide care with + humanity and + dignity.



Marc-André Hinse, volunteer administrator and donor.



Scan the QR code to discover Marc-André Hinse’s full testimonial.



Share +  
**LOVE**

## TO A STAFF MEMBER

The first Monday of every month, a **wave of gratitude** washes over **Hôpital Charles-Le Moyne**. Your Foundation's Messengers of Love crisscross the Hospital to deliver testimonials written by patients or their loved ones to staff members who made a mark on their stay. They're messages of gratitude that come with a donation in their honour...

- A nurse smiles as she reads the message.
- An orderly feels acknowledged.
- A physician stops, touched by a few heartfelt lines.

These messages encourage the teams and give them the energy they need to continue to give even + care.

You too can express love by making a **donation accompanied by a message in honour of a staff member** who made a difference during your stay at Hôpital Charles-Le Moyne!



**Heartfelt thanks to Dr. Wakil and his team for their exceptional care, the genuine compassion shown to every patient, and their unwavering follow-up.**

— Daniel L.



Intensive Care Team



The Messenger of Love and Dr. Quan, cardiologist



Nephrology Team



## A + for your Hospital

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Scan the QR code to read messages that touched our teams... or to share your own message of love.

